

# JUDGE KILLS BALSILLIE'S BID FOR TEAM, PG 10

Canada pg 4

**Iggy fires warning shots across Harper's bow**



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## Police respond to third shots fired call in three days

**CRIME** Gun shots rang out in Halifax Regional Municipality yesterday for the third day in a row.

Halifax Regional Police spokesman Const. Brian Palmeter said officers responded to several calls just before 2 p.m. and "believe three shots were fired" in Halifax's north end. "A suspect described as a black male wearing a dark baggy jacket was seen (heading) eastbound on Macara Street," he said.

Witnesses saw another man running south on Isleville Street, Palmeter said, but added "we don't know if (he) is involved."

As of yesterday evening, police hadn't received reports of any injuries.

METRO HALIFAX

The pride of Cole Harbour



Cup celebration

Pittsburgh Penguins captain Sidney Crosby hoists the Stanley Cup over his head during the Stanley Cup victory parade in Pittsburgh, yesterday. Crosby and the Penguins defeated the Detroit Red Wings Friday to claim their first Cup since 1992. More coverage, pg 10

## Cops warn women of peeping Tom

COLIN CHISHOLM  
for Metro Halifax

**CRIME** Halifax Regional Police are warning people to "close their curtains at night" after receiving several reports of a man masturbating outside of women's windows in Clayton Park.

"We've received a few complaints," police spokesman Const. Brian Palmeter said yesterday.

A 33-year-old woman saw a male masturbating outside her Caxton Close apartment just before midnight Sunday night, according to a local police report.

She was watching television when she noticed him, but didn't realize what he was doing until she confronted him, police said.

She called police but the suspect fled before they arrived.

Another resident also reported seeing a man masturbating in the area over the weekend, in a wooded area near Willett Street at 12:40 a.m. Saturday.

Palmeter said the two incidents could possibly be related.

A suspect was described to police as a white male who is between 170 and 180 pounds, about five-foot-eight, has bad teeth and pale skin.

He was wearing a black hat, dark hoodie and baggy blue jeans.

There have been about four other similar incidents since April 1, Palmeter said.

World pg 5

## Iran protest fired upon

Sunny Side

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- Home resale prices rise to new record, pg 7
- Welcome more positive sexuality into your life, pg 16



# Action Jackson

## Civil rights legend visits Cole Harbour to speak to students

KRISTEN LIPSCOMBE  
kristen.lipscombe@metronews.ca

**A handful of local high school students ended up with a valuable signature in their yearbooks, and even more valuable life lessons, after a surprise visit from a civil rights legend yesterday.**

Cole Harbour District High principal Lynda d'Entremont said Rev. Jesse Jackson popped by the school unexpectedly, taking the time to speak candidly with students.

"He stopped and signed yearbooks," d'Entremont recalled not long after the

Baptist minister had breezed in and out of the school, where he stayed for about an hour but has left an impression that will long be remembered. "It was unbelievable, really."

She said she received a call from Jackson's aide yesterday morning, who asked if the school wanted the African American icon to stop by and after letting the information sink in, she declared "absolutely!"

Shortly before 11 a.m., Jackson showed up and treated all the staff and stu-



Jesse Jackson

dents who could squeeze into one classroom to an inspiring speech about the importance of focusing on the positive and staying away from the negative.

"He spoke very genuinely to the kids regarding planning their futures and taking control of their lives," d'Entremont described.

Jackson told his enthralled audience, and reporters inside the school, "make the choice and get the right consequence."

"Choose futures over fu-

nerals," he said. "Use your skills to make life better for all of us."

Grade 12 student Jaleel Simmons told CTV News one lesson learned is that "I have to do what I have to do to make sure that I can be the best person I can in life."

Jackson's sincerity will stick with the teens for a long time to come, d'Entremont said, including the many African Nova Scotian students who attend the school.

Jackson was here to speak at a Nova Scotia Co-operative Council banquet at the World Trade and Convention Centre last night.

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An adult female was taken to Dartmouth General hospital with non-life threatening injuries after being struck in a crosswalk at Wyse and Nantucket roads just after 2:30 p.m. yesterday. Halifax Regional Police issued a ticket to the 87-year-old female driver. **METRO HALIFAX**

# Local



## Calling all jazz hands

The 23rd TD Canada Trust Atlantic Jazz Festival is looking for volunteers to help out at the event, which runs from July 10 to July 18 at various Halifax venues. More than 65,000 music fans are expected at the festival, which kicks off with a performance from American saxophonist Kenny Garrett, left. Call 492-2225 ext. 6 if you're interested in volunteering. **METRO HALIFAX**

# Council debates confidential release

Minutes of broken sewage plant in-camera session could be made public today

PAUL MCLEOD  
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**Minutes of confidential meetings surrounding the broken Halifax sewage treatment plant could be made public today, but only if Halifax councillors go against the advice of their own lawyer.**

Many of the Halifax Regional Council meetings dealing with the Harbour Solutions Project were held in camera.

No one outside of councillors and staff could be

present and minutes were never made public.

Some councillors think that should change. Northwest Arm — South End Coun. Sue Uteck proposed releasing the minutes, but top city lawyer Mary Ellen Donovan warned not to in case the municipality ends up in court against the plant construction companies.

But Uteck said yesterday she will bring the issue up today at council and call on Donovan to give a good reason why the minutes shouldn't be released.

"You give me a specific



Mayor Peter Kelly stands in front of the Halifax Harbour recently. Kelly said he supports releasing minutes from private city hall meetings surrounding the now-broken Harbour Solutions Project, as long as it doesn't cause the public any financial risk.

example of why you don't want these minutes released, and then I can agree or not agree," Uteck said.

"I'm not understanding what is there that the public can't see."

Eastern Shore — Musquodoboit Valley Coun. Steve Streach said he understands why some meetings are held in camera, but there would have to be a very good reason to keep these minutes private.

"(Releasing the documents) has to happen ASAP," he said.

"That has to happen to bring about public confidence that we have lost over the last months."

If the motion makes it onto the agenda council will likely discuss the issue with Donovan in camera.

Mayor Peter Kelly said the first priority is to protect the taxpayers.

But he said he supports releasing as much information as possible that doesn't put the public at risk.

"We have to protect the public at all costs. Their investment cannot be jeopardized," Kelly said.

## News in brief

**ROBBERY** Halifax Regional Police say a man entered the Petro Canada on Joseph Howe Drive in Halifax armed with a syringe and demanded money from the clerk yesterday. The suspect left on foot with an undisclosed amount of money.

**METRO HALIFAX**

**metronews.ca**  
WHAT'S ONLINE TODAY

**Video** Summer election talk lingers after Stephen Harper's response to Michael Ignatieff at [metronews.ca/canada](http://metronews.ca/canada)  
**Your Money** Your Money Allan Small on why Canadian investors will likely endure more market volatility at [metronews.ca/investing](http://metronews.ca/investing)



## Sewer plant test results inconclusive

PAUL MCLEOD  
paul.mcleod@metronews.ca

Mayor Peter Kelly said a preliminary inquiry into the breakdown of the Harbour Solutions Project is in, but the results are inconclusive.

Kelly initially said he was waiting for contractor input before reading the early draft of a \$400,000 forensic

**"If anyone says they know the cause, they're not being honest with you."**

Mayor Peter Kelly

audit. But yesterday Kelly said he had read it and there wasn't enough data to draw a conclusion.

"At this point the report is inconclusive. If anyone says they know the cause, they're

not being honest with you," Kelly said. "We need more information."

Kelly has faced criticism over the weekend for holding off on reading the report. Yesterday he apologized for

his communication on the issue and said he would strive to do better.

"I have not been doing a great job communicating this issue in the public," Kelly said. "I always wanted to see the report, I was waiting until I had the full context."

**ShareYourViews**

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## HRMbyDesign could be reality

**DECISION** The much-discussed HRMbyDesign development plan could finally come to a vote today.

The plan has been in the works for years and was approved by the province last fall. All that's left is for Halifax Regional Council to vote on it.

But the debate for June 2 was delayed by the Halifax sewage treatment plant breakdown. It is on the agenda for today and could come to a vote if discussion doesn't stretch to next week.

The plan has faced opposition from some, particularly heritage advocates and some environmental groups who want to see proposed regulations strengthened. **METRO HALIFAX**

## Disturbance and court violations keep cops busy in Dartmouth

**INCIDENT** Police officers had their hands full in Dartmouth yesterday, responding to a disturbance at about 11 a.m. and chasing down a couple of suspects for violating court-imposed conditions at 12:30 p.m.

Halifax Regional Police spokesman Const. Brian Pal-

meter said officers were first called to a dispute inside a 31 Highfield Park Drive apartment, where they found two women had been sprayed with a noxious substance.

A police report released later said one of them used a baseball bat to break a win-

dow. Police charged an 18-year-old woman with weapon possession and property damage and two 19-year-old men for possession of and assault with a weapon.

Later, officers spotted two men allegedly breaching conditions on Demetreous

Lane, but they took off before being arrested. Palmer said they chased one suspect into a nearby residence, where they were confronted by residents and had to call for backup.

Police ended up tracking down and charging both men. **METRO HALIFAX**

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## Nova Scotia gets a C-plus for high-school history programs

Nova Scotia ranked in the middle of the pack with a grade of C-plus as the Dominion Institute graded provinces and territories on their Canadian history high-school curricula. Nova Scotia finished with the fifth best grade amongst provinces, with Quebec coming out on top with a B-plus. **METRO HALIFAX**

local 3

# Hometown may get to play with McCartney

Former Beatle looking for opening act for July concert

LESLEY PIKE  
for Metro Halifax

**A very lucky Nova Scotia band might be opening for Sir Paul McCartney at his concert in Halifax on July 11.**

Harold MacKay, president of Power Promotional Events, said yesterday they would soon be announcing the opening acts for the McCartney show set for the Halifax Common.

As per request of McCartney, MacKay has been sending tapes of Canadian bands to the singer who will be picking his own opening acts.

"To be on stage with Paul McCartney and to know that Paul McCartney selected them too, that's pretty important," MacKay said.

He added, "there very well could be" a Nova Scotian band opening the show.

Halifax is the only Canadian stop for McCartney in his summer tour and MacKay said the ex-Beatle wants his opening acts to be from this country.

There are still tickets available for the McCartney show, but MacKay wouldn't say exactly how many are



Sir Paul McCartney is taking a hands-on approach to selecting the bands that will open for his show at the Halifax Common on July 11.

## Ticket info

- Tickets for Paul McCartney July 11 are \$125, with VIP tickets running \$305.
- Tickets for Kiss July 18 are \$89, with VIP tickets at \$279.

left. MacKay is hoping the concert draws 60,000 fans. "The VIP tickets are 85 per cent gone so a few of

those (are) left and general admission tickets are still available," he said.

Legendary rockers Kiss are also playing the Common on July 18, and MacKay said they would be sharing the same stage setup as McCartney.

MacKay said when his company began talking with McCartney's people they quickly decided to use

the same stage for both shows.

He said it means the stage for the Kiss concert is going to be much bigger than the band had planned.

"You're going to see a much better stage presence for Kiss than you would have seen without McCartney," MacKay said.

WITH FILES FROM PHILIP CROUCHER

## Bell relative allegedly spied on U.S. for Cuba

**ARREST** A great-grandson of Alexander Graham Bell has been arrested on charges of being an international spy.

Walter Kendall Myers, 72, was arrested June 4 in Washington, D.C., along with his wife, Gwendolyn, 71, after FBI allege the pair were spying on the United States for Cuba for three decades.

Myers is a former U.S. State Department analyst who had top-secret security clearance, according to The Associated Press.

He is the son of Elsie Alexandra Carol Grosvenor Myers, granddaughter of the telephone inventor and aviation enthusiast who made Baddeck his home.

Elsie Grosvenor Myers of Washington died in 2005, leaving behind children Walter Myers Jr., Gardiner Myers, Martin G. Myers Sr., Elsie Martin, Aleck Myers, 10 grandchildren and six great-grandchildren.

Myers is among a group of siblings who have summer homes at the Bell's

## Sentence

- The couple could spend 14 to 17 years in prison if convicted.

Beinn Bhreagh Estate in Baddeck on the scenic Bras d'Or Lakes.

On Wednesday Myers and his wife were ordered to remain in jail without bond after a judge agreed with state prosecutors that the pair might try to flee to Cuba for protection.

Among the allegations, U.S. authorities say the couple provided government secrets using a shortwave radio, by swapping shopping carts at a grocery store and in at least one face-to-face meeting with former Cuban President Fidel Castro.

They were arrested after an FBI undercover sting operation. The two have pleaded not guilty to charges of conspiracy, being agents of a foreign government and wire fraud.

CAPE BRETON POST

## Local musicians head to Hollywood

**SHOWCASE** Look out Hollywood, here comes some Nova Scotia talent.

Local musicians Joel Plaskett, Rose Cousins and Christina Martin are heading to Los Angeles to showcase what Nova Scotia has to offer the music biz.

The trio was selected to represent the provincial music scene by a panel of L.A. music industry pros and they will perform in front of agents, managers,

label representatives and film supervisors.

The private performances take place tomorrow and Thursday at Hotel Cafe.

In the 1990s Nova Scotia was considered the new Seattle by some media circles. With artists like Sloan, Jale and Thrush Hermit (formerly Joel Plaskett's band), the province was a big blip on the music radar.

METRO HALIFAX

## Major project investments expected to rise by 9% in '09

**FUNDS** Investment in major projects throughout the region is expected to rise nine per cent in 2009, according to the Atlantic Provinces Economic Council.

They released their annual Major Project Inventory yesterday, which lists the top 239 projects in Atlantic Canada.

Spending in Nova Scotia has increased considerably this year, the report also said. Investment has reached \$2.7 billion so far, which is a 23 per cent increase from last year.

While the recession has affected investment in a lot of projects throughout Atlantic Canada, the ones that are getting the money are doing well because of the lower costs of material and labour, senior economist David Chaundy said in a news release.

Much of the funding for these projects will come from government stimulus plans. The APEC said that there is a 13 per cent increase in the value of these top investments projects.

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Blood testing has ruled out a farm worker as the source of influenza A (H1N1), also known as swine flu, infection, in a Canadian herd of pigs that was the first reported in the world to carry the virus, Alberta's health department said yesterday. **REUTERS**

# Canada



## Young households use cells: StatsCan

More than a third of younger Canadian households are cutting the wires and relying solely on cellphones, according to a survey. By contrast, only 4.5 per cent of other households have dumped their landlines at home and use cellphones exclusively, a poll by Statistics Canada showed. In 2008, eight per cent of all households reported having cellphones and no landlines, up from 6.4 per cent in 2007.

**REUTERS**

### News in brief

**ST. JEAN BAPTISTE** Recalling the language standoffs of earlier decades many had thought disappeared, a sponsor of a St. Jean Baptiste Day festival has demanded producers drop two anglophone bands from the

show's lineup. But the producers of the show, set for the Montreal neighbourhood of Rosemont, yesterday said they're standing firm. "We maintain our choices for the lineup," the production compa-

ny, C4, said in a statement.

**ISOTOPES** Calling it one of the biggest crises in the history of the profession, Robert Atcher, president of the Society of Nuclear Medicine — an international nuclear medicine group

— says the shutdown of Canada's Chalk River, Ont., reactor last month is forcing "several thousand" heart and cancer scans a day to be cancelled or moved to the United States.

**TORSTAR NEWS SERVICE**



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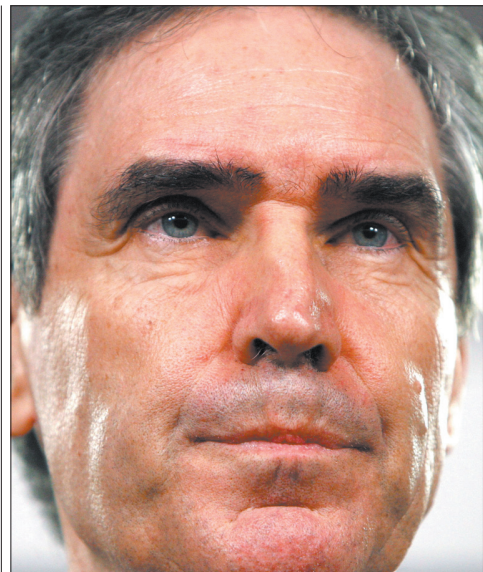
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CHRIS WATTE/REUTERS

Liberal Leader Michael Ignatieff listens to a question during a news conference in Ottawa yesterday. The federal opposition party said yesterday it was prepared to bring down the Conservative government later this week unless it received details of planned improvements to the jobless benefits system.

## PM, Ignatieff play chicken

### Harper offers meeting

**Prime Minister Stephen Harper says he's willing to talk, but is unwilling to adopt Liberal proposals to enrich the employment insurance scheme — a declaration that appeared to set the country on course to a summer election.**

By the end of a day of brinkmanship, Harper offered to meet Liberal Leader Michael Ignatieff in a bid to avoid a campaign that could be triggered as early as Friday when the final bill on the government's budget is put to a vote in the Commons.

The Liberals accepted the offer to meet today. But the two men appear to agree on only one thing.

"Mr. Ignatieff said he doesn't want an election. I don't want an election," Harper told reporters. "I don't think anybody in Canada wants or expects an election."

Ignatieff said the Liberals would vote against the budget bill unless Harper agrees to provide details on further EI reforms, vaguely promised for the fall, the amount spent so far on the government's

### NDP stance

- If the Liberals are banking on the NDP getting cold feet and supporting the minority Conservatives in a confidence vote this week then they should think again, says party leader Jack Layton, noting the NDP will oppose the budget implementation bill.

economic stimulus measures, future deficit reduction plans and plans to address a shortage of medical isotopes triggered by the reactor shutdown in Chalk River, Ont.

Because Friday's vote is on a budget implementation bill, it is automatically a confidence vote.

The Liberals supported the government's budget bill in January.

However, after a weekend of studying the government's progress report on its economic rescue package, Ignatieff told a news conference yesterday it is not dealing responsibly with the economic crisis or the shortage of isotopes needed for cancer.

**TORSTAR NEWS SERVICE**

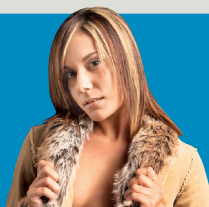


**The butterfly effect**

The blue butterfly died out in Britain 30 years ago because of disruptions to a life cycle that includes pretending to be an ant, according to a study that points to smarter ways to protect wildlife. Research hints at how governments can use science to achieve UN goals of slowing a loss of animal and plant species. **REUTERS**



# World



## Women not raunchy enough: Publisher

Women are not passionate enough about sex and concentrate too much on feelings to be able to write raunchy stories, the new owner of Britain's Erotic Review said yesterday. Determined not to let the magazine be "drowned in estrogen," Kate Copstick said she would have almost exclusively male writers as they knew a lot more about sex. "I think women, too many of them, whether it's nature or nurture or politics, they're not straight-forward about sex," Copstick said. **REUTERS**

## Thailand Flu fears



Workers clean a street in Pattaya, Thailand yesterday. The Thai Public Health Ministry confirmed a total of 201 cases of influenza A (H1N1), also known as swine flu, and predicted more cases will be found, particularly in schools and factories. The ministry is endeavouring to contain the outbreak.

## Prosecutor seeks end to Scientology

**FRANCE** A French prosecutor yesterday recommended a Paris court should dissolve the Church of Scientology's French branch when it rules on charges of fraud against the organization. Registered as a religion in the U.S., with celebrity members such as actors Tom Cruise and John Travolta, Scientology enjoys no such legal protection in France, where it has faced repeated accusations of being a money-making cult.

The Church's Paris headquarters and bookshop are defendants in a fraud trial that began on May 25. The Church of Scientology denies the fraud charges and says the case against it violates freedom of religion.

## Woman arrested for webcam abuse

**PEDOPHILIA** British detectives said an investigation into Internet child pornography had uncovered a woman in the U.S. suspected of using a webcam to broadcast live sexual abuse of her young child. British police launched the investigation when officers arrested an 18-year-old man in central England. The following day, detectives contacted the U.S. embassy, leading to the arrest of the woman in Maine. **REUTERS**

## Taliban beats, humiliates musicians at wedding

**AFGHANISTAN** Taliban fighters beat musicians, shaved their heads and left them tied to trees overnight because they performed at an Afghan wedding, a village tribal chief said yesterday. While in power from 1996-2001, the Taliban banned music as un-Islamic.

The militants have re-

**"A group of Taliban grabbed five musicians and started beating them and smashing their musical instruments."**

Rahmatullah Khan, Afghan tribal chief

turned to areas in the east and south of the country, where violence has sharply spiked in recent years. They attack government officials, Afghan police, foreign troops and schools that teach girls, another practice they forbid.

"A party was going on when a group of Taliban grabbed five musicians and started beating them and smashing their musical instruments," said Rahmatullah Khan, a head of Merke Khel village in the east of the country.

Afghan weddings and engagement parties in rural areas are traditionally celebrated with hundreds of guests, music and singing that often continues until late at night. **REUTERS**

## News in brief

**YEMEN** Three women from a party of nine kidnapped foreigners have been found dead in Yemen, officials said yesterday, in a rare killing that comes as separatist and militant tensions intensify. Yemeni state news agency Saba said the three were part of a group of nine — seven Germans, a Briton and a Korean — that included three children and their mother and were kidnapped last week in the mountainous Saada region

bordering Saudi Arabia. Two of the dead women were German nurses and one was a Korean teacher, the Yemeni military said in a statement. No claim of responsibility for the killing has been made.

**INDEX** Asian countries led by Bangladesh and China dominated an index produced yesterday by the United Nations that estimates which populations are most at risk from earthquakes, floods, cyclones and landslides. **REUTERS**

# Militia fires on Iranian protesters

Iran's hardline Islamic Basij militiamen killed at least one person yesterday and wounded more when their building was attacked by demonstrators protesting an election they say was stolen by President Mahmoud Ahmadinejad.

An Iranian photographer at the scene witnessed the shooting, which came during a demonstration by tens of thousands in the capital Tehran in support of opposition candidate Mir Hossein Mousavi who has appealed the election result.

Gunfire was also heard in three districts of wealthy northern Tehran, residents said. Speaking before the shooting, Mousavi said he was "ready to pay any price"

## Crisis point

• Ebrahim Yazdi, leader of the banned opposition Freedom Movement, said Ahmadinejad's attacks on his opponents had opened a "Pandora's box" of divisions within the establishment and between the people and their government. "It is the biggest crisis since the revolution," he said.

in his fight against election irregularities, his website quoted him as saying.

Members of Iran's security forces have at times fired into the air during two days of the Iranian capital's most violent unrest since the 1979 Islamic Revolution,

and used batons to beat protesters who have pelted police with stones. The Basij militia is a volunteer paramilitary force fiercely loyal to Supreme Leader Ayatollah Ali Khamenei, who has the final say on all matters of state in Iran.

Earlier during the rally, a Reuters reporter said Mousavi supporters had formed a human chain outside the Basij building in order to prevent any trouble when demonstrators passed it. Mousavi said he was not optimistic about his appeal against the result of Friday's election to the 12-man Guardian Council, six of them selected by Khamenei, six elected by parliament. **REUTERS**



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# Comment & Views

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## Comment

### Dancing with politicians

Is the prime minister prepared to waltz to Iggy's tune?

#### NationalReport

Lawrence  
Martin

metronews.ca/nationalreport

We play the tune, prime minister, you dance.

That was the message from Liberal Leader Michael Ignatieff yesterday. He doesn't want an election, he told Stephen Harper, but if you don't meet our demands, there will be one.

That got Harper's attention. Though he doesn't like dancing to anyone's number but his own, it appears he's prepared to put on his waltzing shoes this time.

The two leaders are to meet today to try to work out a deal. It looks, for the moment at least, an elec-

tion will be avoided. That's probably good for the Conservatives, not so good for the Liberals, who have that precious political commodity known as momentum working for them.

Most senior Liberal strategists want an election but feared being seen as forcing one against the public's will. They didn't want their leader to look like just another rank, opportunistic politician. Hence the compromise proposal. From the prime minister Ignatieff wants easier eligibility for employment insurance, a plan for the

long-term elimination of the deficit, more specifics on stimulus spending and a plan to deal with the isotope crisis.

Employment insurance is the big one and the PM indicated he is amenable to changes. If he gives enough, Ignatieff will declare victory and everybody can relax until at least until the fall. That will give the Conservatives chance to recoup.

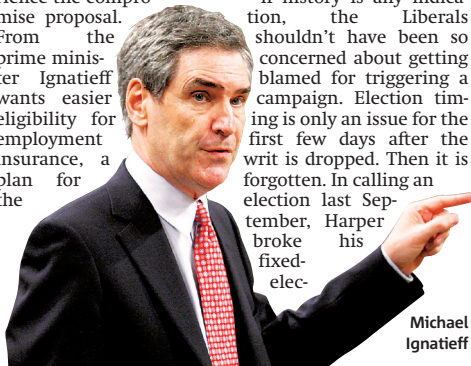
If history is any indication, the Liberals shouldn't have been so concerned about getting blamed for triggering a campaign. Election timing is only an issue for the first few days after the writ is dropped. Then it is forgotten. In calling an election last September, Harper broke his fixed elec-

tion date promise — and it didn't hurt him.

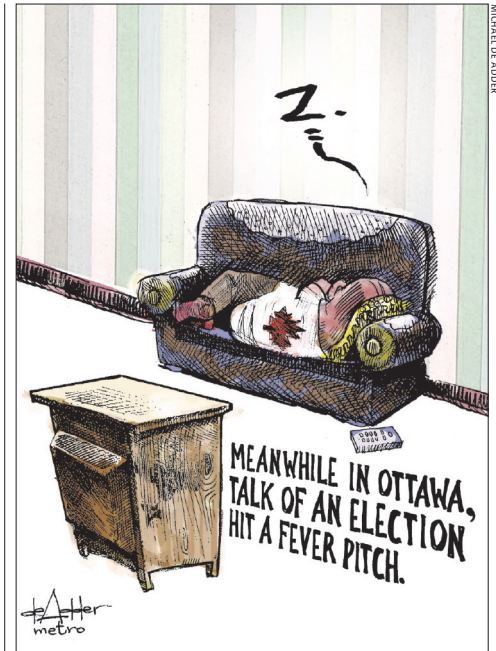
Tracking polls put the Liberals six or seven points in front. The Lisa Raitt affair gave them a boost. And just this weekend, Tom Flanagan, Harper's longtime mentor, gave them another lift. In an updated version of his book, Harper's Team, the senior Tory strategist essentially concedes the Harper critics have been right — that the PM has no vision, that he is guided only by political considerations, and that he dealt a terrible blow to the party with his boneheaded fiscal update of last fall.

Coming from a Conservative, that's great ammunition. The Liberals would like to use it now. If the prime minister is smart, he won't give them the chance — not until the autumn leaves fall.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



Michael Ignatieff



MICHAEL LE ADOUR

## Worth mentioning

### McCartney suggests one meat-free day a week

Former Beatle Paul McCartney has launched a "Meat Free Monday" campaign in Britain in a bid to help combat climate change.

The campaign has already been launched in the U.S. and Australia.

UN reports show the livestock sector accounts for around 18 per cent of greenhouse gas emissions blamed for global warming, more than the transport industry.

"I think many of us feel helpless in the face of environmental challenges, and it can be hard to know how to sort through the advice about

what we can do to make a meaningful contribution to a cleaner, more sustainable, healthier world," McCartney said on the campaign's official website.

"Having one designated meat-free day a week is actually a meaningful change that everyone can make, that goes to the heart of several important political, environmental and ethical issues all at once," he added on supportmfm.org.

"For instance, it not only addresses pollution, but better health, the ethical treatment of animals, global hunger and community and political activism."

REUTERS



## Views

### Vigilante justice: A return to the Wild West

#### InStep

Christine  
Williams

Some recent cases have resurrected the weighty issue of vigilantism. Although an offender may very well "get what he deserves," we need to carefully think through the potential dangers of supporting vigilantism.

Let's look at a couple cases: A 51-year-old man enters a Chinatown store in Toronto for the second time that same day. A clerk, the store manager and owner team up to apprehend him, allegedly

punching, kicking, and tying him up before stuffing him into a waiting van as police arrived. The apprehenders were the ones charged, although the courts have yet to determine whether this was actually a case of vigilantism or a zealous citizens' arrest.

In Oklahoma City, two teens hold up a pharmacy. The surveillance camera shows the pharmacist shooting one of them in the head and chasing away the other. As the teen struggles on the floor, he is finished off with five more bullets. There has been an outpouring of support for the pharmacist.

Then, in Philadelphia, an 11-year-old girl is brutally raped. The suspect is identified by eyewitnesses

and lynched by a mob of at least a dozen angry neighbours, leaving him in critical condition and on life support. Once again, there is an outpouring of support for the neighbours and understandably so.

Support for vigilantism cannot be ignored. It represents an outcry that people are at the end of their tether with criminals terrorizing their communities.

But there is a danger when we become emotionally driven to support acts where angry citizens become police, judge, jury and executioner in one. It becomes an undermining of our judicial system and even a greater affront to our civilized democracy. We regress to the archaic and anarchic Wild West system of justice where

vigilante groups filled a gap of an organized system. Some of these groups even proved to be as nefarious as the criminals themselves.

There is no shortcut to a justice system that we may deem ineffectual. It will continue to be a work-in-progress.

But there is some good news for those who want tougher crime legislation: Ottawa has introduced a bill to repeal the "faint hope" clause. If passed, the legislation would mean that anyone convicted of first- or second-degree murder would no longer be able to apply for early parole.

Christine Williams is the producer and host of the live current affairs daily talk show On the Line at CTS TV in Burlington, Ont.

#### Metro Online Poll Results

3% SAID YES

Do you believe political apologies are sincere?

Weigh in on today's question at metronews.ca

97% SAID NO

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.



**Australian radio station asks Branson to spare a million**

An Australian radio station hit hard by the economic downturn managed to ask Richard Branson for A\$1 million (\$900,000) — and the British entrepreneur politely refused. **REUTERS**

7

# Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Report wary of debt

### Households under strain, says central bank

**Climbing debt levels have put Canadian households under increased financial strain amid surging job losses, stagnating income growth and slumping personal wealth, says a new report by the Bank of Canada.**

The central bank's twice-yearly Financial System Review, released yesterday, suggests that households are increasingly vulnerable to "adverse shocks" such as an even bigger jump in the unemployment rate. It found that weaker household finances also posed an "increased" risk to the Canadian financial system over the past six months as banks braced for more soured loans.

"Income growth has slowed, and personal wealth levels have been eroded by lower house prices in some regions,"

**"Credit growth has continued to outpace income growth, contributing to higher debt levels."**

Financial System Review statement

said the bank's report. "Credit growth has continued to outpace income growth, contributing to higher debt levels. At the same time, sharp increases in unemployment are raising the incidence of financial stress among households."

While Canadian household finances remain "reasonably healthy," the central bank highlighted certain areas of concern. For instance, household real

net worth continued to decline in the fourth quarter of 2008. That figure, which reflects total household assets minus liabilities, dropped by 6.7 per cent on a year-over-year basis to \$48.59 billion.

"This drop reflects the combined effect of increased household debt levels, weakening real estate assets and sharp losses in the value of financial assets caused by equity market declines," the bank said.

Of key concern is the unemployment rate, which rose to 8.4 per cent in May. The Bank of Canada said those escalating job losses have fuelled a surge in personal bankruptcies. It also noted that more consumers are falling behind on their mortgages and credit card bills.

TORSTAR NEWS SERVICE

## India Fighting child labour



Twelve-year-old Mamta Singh, a child labourer, carries a basket of sand by the river Balason on the outskirts of Siliguri, in eastern India, yesterday. The International Labour Organization celebrates World Day Against Child Labour on Friday.

## Home resale prices rise to record

**SunnySide**

**REAL ESTATE** Resale prices for Canadian homes rose to their highest average on record in May, while sales activity climbed for a fourth straight month as consumer confidence strengthened, according to an industry report released yesterday.

But rebounding sales in some of the most expensive markets skewed the national average, the Canadian Real Estate Association said in the report.

The average home price last month rose 0.4 per cent to \$319,757, topping the previous record set a year ago. It was the first year-over-year increase since May last year.

The average price has recovered 16.4 per cent from the low reached in January, CREA said.

Home sales rose eight per cent to 37,649 units in May from April, the fourth consecutive monthly increase on a seasonally adjusted basis. Nationally, 49,521 units changed hands in May, down 0.8 per cent from a year ago.

**AIG** The U.S. government bailout of AIG and bonuses paid by the insurer cannot be brought up during trial of the firm's suit involving ex-CEO Maurice Greenberg, a judge ruled yesterday. AIG, claiming breach of fiduciary duty, is seeking its shares held by Greenberg-controlled Starr and the proceeds of any sales.

REUTERS

REUTERS

## Business in brief

**WIRELESS** Nokia and Samsung unveiled yesterday phones offering features comparable to the iPhone and Palm's Pre, but at lower prices. Nokia launched three handsets, including 5530 Xpressmusic, a touchscreen model, and Samsung unveiled its Jet model, featuring touchscreen, next-generation display and improved processor.

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Bangladesh... 3.9 ¢  
Bhutan..... 15.9 ¢  
Nepal..... 7.9 ¢  
Pakistan..... 5.9 ¢  
Sri Lanka..... 11.9 ¢

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## Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

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If you let stacks of bills, receipts and statements accumulate, you'll lose control of your finances.

# Bills: Tag it and bag it

AlisonOnMoney

Alison Griffiths

[metronews.ca/alisononmoney](http://metronews.ca/alisononmoney)

It is the eco-trend to go paperless but even so I recommend printing out e-bills or proofs of payment as they arrive and filing them. Statements from banks, Canada Revenue Agency, RRSPs and RESPs belong in To Read.

Just getting the envelopes opened forces you to pay attention even if you don't have time to scrutinize the contents.

In the second, To File, put receipts relating to next year's taxes — daycare and medical receipts, for instance — and general purchase receipts.

Don't forget to keep grocery tabs and even receipts for small items:

**Alison's Money Rule:**

- To Read. To Pay. To File. Three simple steps are all it takes to keep your financial house in order.

Anything you buy can be defective or unsuitable and the majority of non-sale items can be returned.

Finally, the category most people fret about, To Be Paid. Open, take a peek, circle

the due date and in it goes. Twice a month clear out To Be Paid and once a month go through the To Read file and find a final resting place for everything in To File.

If you follow these three simple steps you'll keep your financial house in order and achieve a delightful sense of financial control.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at [alison@alisongriffiths.ca](mailto:alison@alisongriffiths.ca).

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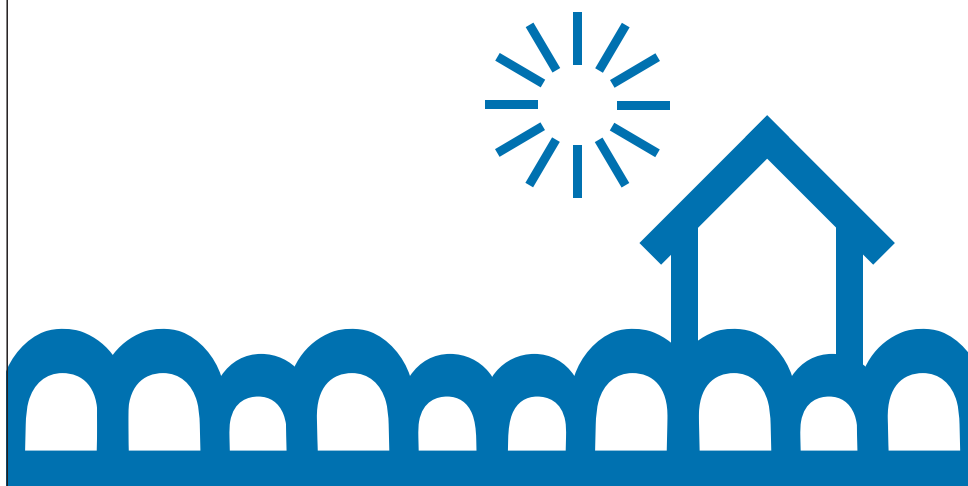
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Note: Please check bank websites as some rates require a minimum account balance.

business 9

Don't wait  
for financial  
disaster to  
tidy up  
expenses

**Q** Last year, the economy forced me to close my business. The business didn't make me wealthy, but I earned enough to pay my mortgage and car loan. I'm now in default on my mortgage and haven't made a car or credit card payment for almost three months. Should I apply for loans before my

credit rating is negatively affected?  
— Drew

**A** The recession has challenged many businesses and individual's finances. Financial institutions report to credit bureaus frequently, so your credit rating may already reflect your delinquency. Contact your finance compa-

nies to make an amicable arrangement.

Seeking more credit will not solve your problems but create more: The solution is to reduce expenses, pay down and manage debts and focus on increasing income. This may involve liquidating some assets such as stock holdings or furnishings to satisfy your obliga-

tions. A loan can be useful, provided it's used to consolidate debt.

Keeping good credit impacts your ability to borrow, obtain competitive interest rates and lower insurance premiums as well as maintain a positive self-image. That's why it's important to be proactive — don't just wait for the hammer to fall.

## MoneyMatters

Henry  
Choo  
Chong

metronews.ca/moneymatters

Henry Choo Chong, CGA, can be reached at  
choochonghcg@yahoo.ca.



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Henrik Zetterberg says it was disrespectful for Penguins captain Sidney Crosby not to shake hands with all of Detroit's players after Pittsburgh won the Stanley Cup. Detroit captain Nicklas Lidstrom, who waited while Crosby celebrated winning the Cup with his teammates, said that Crosby would learn from the situation. **METRO NEWS SERVICES**

# Sports

EDITOR: CHRIS.CLEMENTS@METRONews.CA

## 'Canes extend Maurice

In an effort to keep their coaching staff together after their run to the Eastern Conference final, the Carolina Hurricanes have agreed to terms with coach Paul Maurice, left, on a multi-year contract. Ron Francis will return as associate head coach, assistant coaches Kevin McCarthy and Tom Rowe will remain, while Tom Barrasso will also take the title of assistant coach. **METRO NEWS SERVICES**



# Judge rules against Balsillie

Coyotes will remain in Arizona for now, after billionaire's bid rejected

**The Coyotes will remain in Phoenix after bankruptcy court Judge Redfield T. Baum rejected a proposed sale of the team to billionaire Jim Balsillie, who was set to move the team to Hamilton.**

In his ruling, Baum said he didn't think certain unresolved issues could be resolved by a June 29 deadline. Baum said he didn't think there was sufficient time for the issues to be presented to the court given that deadline. Baum also said the June 22nd auction date for the bankrupt team was cancelled.

Just last month, Coyotes owner Jerry Moyes filed for Chapter 11 reorganization with a proposed sale of \$212.5 million to PSE Sports & Entertainment LP, which would move the team to southern Ontario. The new owner of the team would have been Balsillie, who is co-chief



The Anaheim Ducks play the Phoenix Coyotes at Jobing.com Arena on April 11, 2009, in Glendale, Ariz. The Coyotes may be staying put for a while after a judge rejected a proposed sale of the team to billionaire Jim Balsillie, who was set to move the team to Hamilton.

executive of Research in Motion, makers of the BlackBerry wireless device.

Since moving to the

desert in 1996 from Winnipeg, the team has consistently lost money and has had trouble drawing a fan base. The Coyotes

have only made the playoffs five times since going to the desert and have never made it past the first round. Also, the team

## The response

• "Jim Balsillie's bid to bring a seventh NHL team to Canada continues," spokesman Bill Walker said in a statement.

"The court still controls the sale process. As a result, we look forward to hearing from the NHL soon on its view of our relocation application and an appropriate relocation fee, so as to allow the court to determine if that fee is reasonable.

"We still think there is enough time for the NHL to approve Mr. Balsillie's application and move the team to Hamilton by September. The court invited mediation on these issues and Mr. Balsillie is willing to participate in such mediation if the NHL is also willing to do so."

has had just one winning season since last making the playoffs in the 2002-03 season.

**METRO NEWS SERVICES**

## Penguins get hero's welcome at parade

**PITTSBURGH** Thousands of fans from the entire western Pennsylvania region lined up in downtown Pittsburgh to help the Penguins celebrate their Stanley Cup championship with a parade yesterday.

Team owner Mario Lemieux led the rally in a white convertible, while players and announcers converged at a final destination, where several speeches were given to thank the fans and pump up the crowd.

Team captain Sidney Crosby addressed the crowd by saying, "Thank you guys. What can I say? I mean the support you guys have given us, the support you have showed ... You deserve to be called the city of champions."

"You deserve the Stanley Cup."

The Penguins captured their third championship in franchise history by topping the Red Wings at Detroit in Game 7 on Friday, making it the first title for superstar duo of Sidney Crosby and Evgeni Malkin.

Pittsburgh won it all for the first time since Lemieux and Jaromir Jagr helped capture back-to-back titles in 1991 and 1992.

The Penguins became only the third team to ever win Game 7 of the Stanley Cup Finals on the road, and it came after the home team had won the first six games of the series. **METRO NEWS SERVICES**

## Once again, fight falls through for Grant

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

T.J. Grant has been dealt another setback in his bid to get back into the Ultimate Fighting Championship cage.

The Cole Harbour mixed martial artist has seen Saturday's scheduled undercard bout with Rory Markham at The Ultimate Fighter 9 in Las Vegas scrapped at the last minute. Markham has informed Grant he has an injury.

It's the second fight Grant has had cancelled in the past month for the same event. The original bout, on the main card against Martin Kampmann, was nixed late last month.

"It sucks," Grant said. "I put a lot of work into it, but it's not like it will hurt me to put in a little extra work. As long as I can fight this summer, I'm sure everything's going to work out."

Grant, who signed a four-fight UFC contract this year, won his debut



T.J. Grant has seen Saturday's scheduled undercard bout with Rory Markham at The Ultimate Fighter 9 in Las Vegas scrapped at the last minute.

in April at UFC 97 in Montreal and improved to 14-2 overall. Kampmann's cancellation was tough to swallow because it would have put Grant in the UFC spotlight, while Markham's leaves him itching to get back into action.

"I was looking forward to fighting this fight and then enjoying a little bit of the summer," Grant said. "You don't get to enjoy your summer as much when you're training for a fight."

The 25-year-old is at a key point in his career and he hopes UFC will find him a fight by August at the latest. He's the first Nova Scotian raised-and-trained UFC fighter and could start making a name for himself with a few more wins.

"I'm just going to keep at it," Grant said.

"It's not the end of the world. Everything happens for a reason and maybe because of this I'll get a bigger fight down the road."

## Sports make pleas for 2016 Games

**OLYMPICS** Seven sports hoping to be included in the 2016 Olympics made their pitch to the International Olympic Committee yesterday.

Golf, karate, squash, baseball, softball, roller sports and rugby are vying for a maximum of two spots in the programme.

The IOC, eager to revamp the schedule to attract younger audiences, will shortlist two of the seven sports in August before a final vote on their inclusion two months later.

Madrid, Tokyo, Chicago and Rio de Janeiro are bidding to host the 2016 Games, with the host also picked in October.

"To be the first gold-medal winner in 112 years? I will be 53 then," said 2010 European Ryder Cup captain Colin Montgomerie as golf presented its case to the IOC's executive board.

"We have missed out on that for more than a century," added the Briton. Golf was last an Olympic sport in 1904.

The presentation team showed a video with top players past and present including Jack Nicklaus and Tiger Woods pledging their support to golf's bid to join the Olympics.

Baseball officials assured the IOC a "selection of the best players" would be made available for the Olympics despite a clash with the Major League Baseball (MLB) season.

No MLB games would be scheduled on the days of the medal matches. "We do not want to compete against any Olympic broadcast," said international federation chief Harvey Schiller.

Baseball and softball became the first sports to be taken off the programme in 2005 since polo was excluded in 1936 and will not feature in the 2012 London Games.

"We want to get back to having an Olympic dream," said international softball chief Don Porter. "We hope we did enough to get a favourable decision." **REUTERS**

## Sports in brief

**BASKETBALL** Basketball Nova Scotia appointed Liam Blanchard of Dartmouth its new executive director yesterday. Blanchard, who had the same job with Volleyball Nova Scotia for three years, begins his duties on June 29.

**AUTO RACING** Halifax's John Flemming placed third at a Pro All Stars Series race at Speedway 660 near Fredericton, N.B., on the weekend. Maine's Ben Rowe came first.

**METRO HALIFAX**



## Advertising Feature

# Celebrating 20 years of service!

In 1989, two childcare visionaries, Susan Willis and Wilma Stewart, founded Child Care Connection, Nova Scotia (Connections) to develop services and processes to support the childcare sector, promote the value of childcare to Nova Scotia's overall well-being and develop resources to increase the quality of childcare provided to children and families. They secured the funding through the Child Care Initiatives Fund, a federal program and hired Elaine Ferguson to develop the organization. Connections began a 20-year adventure as a non-profit, community-based organization for childcare in Nova Scotia.

Twenty years later, the childcare sector celebrates Child Care Awareness Days every June bringing their communities into their early childhood centres, taking their early childhood programs into their communities and partnering with businesses, community organizations and municipalities in recognizing the contributions child care makes to health communities. These promotions range from open houses, tea parties, family fairs and provincial proclamation and flag-raising at Province House. Connections initiated Child Care Awareness Days in 1992.

Twenty years of Connections' community-based development projects have added to the infrastructure needed to support the delivery of child care. Partnering with federal and provincial governments, Connections has researched and developed many resources that are used provincially and nationally.

In 2007, in partnership with the Canadian Child Care Federation, its affiliates — the Certification Council of Early Childhood Educators and the Nova Scotia Child Care Association — and our sister organization, le Centre provincial de ressources préscolaires, Connections delivered the Set Sail for Quality on an Ocean of Caring national child care conference to more than 600 national and international participants. This highly successful partnership continues

with an annual child care conference (Engaging Creative Minds! / Éveillons l'esprit créatif!, June 12 & 13, 2009) and other joint activities.

Over the years, Connections continues to provide the childcare sector with:

- Communication services such as an 800 number, network access, Connections mini-journal, Celebration newsletter, and website (ccns.org). A diverse network of members of the childcare sector is kept informed of and consulted on current issues and trends affecting child care in N.S., Canada and other countries, through email, mail outs and faxes.
- Connections provides services to childcare programs and organizations such as board development, strategic planning, development of promotional materials, resources, consultation, meeting space, mailings and assistance in operational needs.
- The Connections website includes an on-line resource library; a job posting bulletin board; a centre listing that includes three web pages per centre; resources for practitioners including our mini-journal, publications, professional development opportunities, advocacy campaigns, organization information, relevant links, and a calendar of events. The web site hosts the Certification Council of Early Childhood Educators of NS and the Nova Scotia Child Care Association.
- Professional development opportunities that CCCNS provides are administrator workshops on the topics of recruiting and retaining staff, participatory decision making, leadership; reflection and self-awareness and effective meetings; and a mentoring skills development series. Other professional development services include our resource library, mini-journal, presentations and consultations.
- Support and collaboration is given to the



numerous childcare organizations and post-secondary Early Childhood Education programs in Nova Scotia in the form of information distribution, consultation, meeting space, use of office equipment, mail drops, maintenance of data bases of members, membership services, brochure development, website postings, handling and routing inquiries. Assistance regarding quality childcare is provided to government departments, political parties, media, businesses, parents and community agencies.

Connections remains to be guided by the goals set 20 years ago and continues to carry out its mandate to recognize, value and support the development of an effective, quality early childhood community in Nova Scotia.

## Mount program unique

Mount Saint Vincent's Bachelor of Arts Child and Youth Study is the only degree of its kind east of Montreal. With small class sizes, students in Child and Youth Study receive an individualized and practical education.

"Since enrolling in the Mount's Child and Youth program, I've gained the confidence to work in various settings," says Melissa MacGillivray. "I am currently learning about child development, special needs and cultural perspectives. The professors are amazing and teach us how children learn, develop, and grow."

With more than 500 hours of hands-on experience, the degree prepares students for a career in a wide variety of programs and services for children, youth, and their families.

"Students in our program receive personalized education," says Joan Turner, an associate professor with the department of Child and Youth Study.

Graduates of the program work in schools, daycares, hospitals, residential care programs, and both government and non-government community-based services for children and youth.

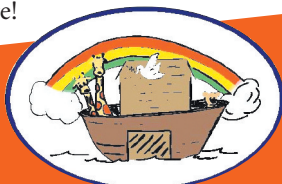
"The Mount has helped me prepare for my career in the provincial government," says graduate Nick Phillips. "I've applied the theories and skills learned in the Child and Youth Study program to many elements of my job. The four practicums (field experiences) during the degree helped me get employment within the field and allowed me to apply what I have learned from class into the real world."

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## Advertising Feature

# Nine centres earn top honours

Childcare in Nova Scotia has come a long way over the 20 years that have passed since Child Care Connection Nova Scotia (CCCNS) began on Jan. 25, 1989. To commemorate its 20th year, CCCNS introduced the Early Childhood Care and Education Service Award in recognition of centres in Nova Scotia that have provided care and education to children and families for 20 or more years. The following nine centres received a certificate of recognition this year:

## Alexandra Children's Centre (ACC)

- **Where:** Halifax, NS
- **Founded:** Nov. 24, 1971
- **Who?** Canada Manpower approved a Local Initiatives Program Grant enabling the centre to open. Staff were hired and the centre started with eight children.
- **Why?** To serve the children in the community. We opened as the School for Exceptional Children-Cunard St. The majority of the children would have special



needs. The centre was for 3- to 5-year-olds.

- **High points:** 1978: Incorporated as a society
- 1981: Name officially changed to Alexandra Children's Centre
- 1982: Official opening of ACC;

development of our Personnel Policy

1983: Salary Adjustment Policy introduced

1988: Barbara Nehiley, current chair of the Board of Directors, elected

1990: Salary Enhancement Grants provided by NS Department of Community Services

1991: Co-op Children's Centre joined with Alexandra Children's Centre

1992: Cranberry Play Centre joined with Alexandra Children's Centre

2007: Grant from Community Services to build permanent building for ACC; Infant Room opened

- **Our dreams:** Our dream became a reality in February 2007 with the opening of the permanent home for Alexandra Children's Centre on Devonshire Avenue in Halifax. We would like to continue to fundraise to complete our backyard play space for the children of ACC.
- **Current Executive Director:** Karen Geddes

## Bible Hill Village Preschool

- **Where:** Truro, NS
- **Founded:** September 1972
- **Who?** Jocelyn Bishop and parents from the village
- **Why?** The first in the Bible Hill area — parents began a program that would benefit children, parents and the community.
- **High points:** Our 25th anniversary and 30th anniversary recognition in the Legislature. In recent years, we have former students returning with their children.
- **Our dreams:** We aim to maintain our high standard of early childhood Education.

Enrolment is very good and we look forward to our 40th anniversary in 2012.

- **Current Executive Director:** Niki Hoyle

## East Preston Daycare Centre

- **Where:** Dartmouth, NS
- **Founded:** Sept. 4, 1974
- **Who?** Dr. Joyce Ross
- **Why?** To give a place for the children in East Preston to prepare themselves for school, and to help moms return to work.
- **High points:** At our highest point, we have cared for up to 108 children. Our centre was recognized as one of the top 10 childcare centres in Canada. We serve the community of East Preston, the surrounding communities of North Preston, Cherrybrook, Dartmouth and Chezzetcook.
- **Our dreams:** To continue to grow and deliver continuous quality childcare.
- **Current Executive Directors:** Kerri Johnson-Thompson & Alexa Glasgow

## La garderie familiale de Clare

- **Where:** Meteghan, Clare, NS
- **Founded:** September 1984
- **Who?** A board of directors.
- **Why?** There was a need in the community for childcare. There was only one centre in our area at the time for preschool children.
- **Our dreams:** To eventually have between eight to 10 caregivers in our agency serving all of our community. We also want all of our resources to be available to the public. This would benefit many parents and children, especially since most of our



resources are in French.

- **Current Executive Director:** Melissa Doucet

## Wee Folk Centre

- **Where:** Greenwood, NS
- **Founded:** Sept. 8, 1981
- **Who?** Cathie Wiebe
- **Why?** There was no full-day licensed childcare in Greenwood.
- **High points:** 2000 & 2001: Recipient of the Child Care Awareness Days Spirit Award
- 2001: Winner of the Best Children's Entry in Kingston's Steer BBQ Parade
- 2006: Recipient of the Early Childhood Learning & Care Award of Excellence for Program; our 25th anniversary celebrations
- **Our dreams:** We hope our centre remains a place where children, staff and parents can grow in their collaborative effort to help each individual child to develop to his/her fullest potential.
- **Current Executive Directors:** Gisela Currie & Cathie Wiebe

CONTINUED ON NEXT PAGE

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## Grace Note

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Max Décarie-Garnier, Thomas Healy, Shelby Lawton  
Dylan Legere, Halle McCarthy, Kaitlin Morley  
Jaden Sabarots, Samuel Samson, Samuel Sinnot  
Carys Sullivan, Ella Swinamer, Jordan Wolfe

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## Advertising Feature

**Bridgewater Day Care Centre of the Bridgewater United Church**

- **Where:** Bridgewater, NS
- **Founded:** Oct. 6, 1969
- **Who?** Small group of women from the Bridgewater United Church
- **Why?** To meet the needs of a changing social climate.
- **High points:**  
1969: Licensed by Department of Welfare, initial fees \$0.35 per child per hour; \$0.50 per family per hour  
1972: Provincial subsidy was first offered  
1987: Hired first ECE resource teacher to plan individualized programming  
1990: Organized a walkout on the South Shore to protest lack of funding for childcare wage. Wage Enhancement Grant was introduced  
1993: Negotiated initial collective agreement with unionized employees  
1997: Began recognizing employees on their 20th year of service  
2006: Co-hosted 1st Annual South Shore Early Childhood Educators Caring At Work Awards night in Bridgewater  
2008: Green spaced playground built; Premier Rodney MacDonald visited  
2009: Celebrating our 40th year
- **Our dreams:** Enhanced wage subsidies that reflect the level of professionalism of our staff. Continued modernization of our facility in an environmentally responsible fashion. To go forward, embracing new challenges, meeting the diverse needs of the children and families and to be sustained within our community for another 40 years.
- **Current Executive Director:** Denise McAuley



- **Current Executive Director:** Patricia Lantz Randall

**Peter Green Hall Children's Centre**

- **Where:** Halifax, NS
- **Founded:** October 1967
- **Who?** Peter Green, John Graham, Wesley Campbell, Augustus Barrow, Robert Wheeler and Andre Treich
- **Why?** A small group of Dalhousie students saw a need in the community for family housing and quality childcare for students attending university.
- **High points:**  
October 1967: Opened at Peter Green Hall as the University Children's Centre  
Early 1970s: Began to accept families from outside the residence building  
1980: Second location opened in the Life Sciences Building on Dalhousie Campus  
1989: Initiated the process to separate Peter Green Hall location from the campus locations  
1990: Renamed Peter Green Hall Children's Centre  
1997: Centre began its journey with emergent curriculum, inspired by the work of the schools in Reggio Emilia, Italy  
2002: Executive Director Barb Bigelow attended a Canadian Study tour to Reggio Emilia  
2006: Annette Comeau, the Assistant Director, attended a Reggio Emilia Study Tour  
2007: Marked the 40th anniversary of operation for both the residence and Children's Centre. Bobbi-Lynn Keating, a senior staff member, won the Prime Minister's Award for Excellence in Early Childhood Education. Barb Bigelow, Executive Director, won the Friends of Children Award from the Canadian Association for Young Children
- **Our dreams:** To be able to design and build a children's centre in a beautiful setting. We vision our centre to be modelled after those in Reggio Emilia with a central art

studio, large rooms with natural light and materials, a meeting space for families and staff, a lovely outdoor space, and an inside space for physical activity.

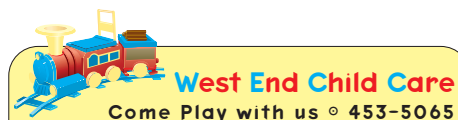
- **Current Executive Director:** Barb Bigelow

**Small World Learning Centre – Pleasant Street**

- **Where:** Bridgewater, NS
- **Founded:** September 1978
- **Who?** Ardyth Veniot and the Reverend Scott, who donated \$100 for startup.
- **Why?** Our centre was founded because a mother, Ardyth Veniot, had a personal interest in helping to fill a community need for a low-cost nursery school program.
- **High points:**  
1978: Small World Nursery School was founded and provided a two-hour preschool program  
1982: Licensed by the department of community services  
2003: After-school programs added  
2004: Extended part-day preschool program to three hours  
2003 & 2008: Partnership for Inclusion Projects  
2006: Became a registered charity  
2007: Expansion grant enabled us to build a new childcare facility for 365 children, three months to five years.  
2008: Received ECLC Award for Excellence in Program
- **Our dreams:** That our early childhood educators will receive salaries above the Nova Scotia Child Care association's minimum salary guidelines. That our ECEs will continue on the emergent journey — learning, exploring, laughing, being creative, discovering, growing and to be able to attend a study tour at Reggio in Italy. That the children and families in our care will have a lifelong love of learning, will always think outside of the box, love to explore, discover, create, problem solve and be appreciated for beating their own drums! That we will continue to enrich our lives by building partnerships with ECEs, children, families and other professionals in our community.
- **Current Executive Director:** Donna Stapleton

**Lunenburg Daycare Centre**

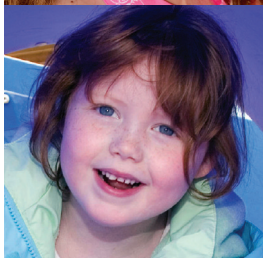
- **Where:** Lunenburg, NS
- **Founded:** Feb. 12, 1973
- **Who?** Ruth Foley & Joan Lantz
- **Why?** To meet a growing need in our community for quality childcare for working families that had not been available before our centre opened.
- **High points:** We operate a daycare for 106 children. We operate a nursery school for 36 children. One hundred per cent of our teachers have a degree, diploma or equivalency; more than 60 per cent of our ECEs have worked here for 10-25+ years!
- **Our dreams:** That all ECEs be paid a fair wage to match education & training, funded by the province (like public school teachers). Universal access to childcare and government recognition of the importance of early childhood education. To be able to continue to upgrade and improve without adding fees to the parents.



West End Child Care Centre supplies quality Child Care to children aged 18months-5 years and is a proud supporter and participant in Child Care Awareness Days.



From September to June Kids Club offers developmentally appropriate programming for children aged 5-12 years. During the summer months this program provides the opportunity for day excursions, sports, movies, as well as crafts and games. Something to keep your school age child busy all summer long. For information please call 454-9298



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The Department of Community Services would like to thank child care educators, families and volunteers who work alongside us every day to ensure children in Nova Scotia have access to quality child care.

For more information visit  
[www.gov.ns.ca/coms](http://www.gov.ns.ca/coms)

**NOVA SCOTIA**  
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## Advertising Feature

# Successful childcare centres recognized for excellence

For a childcare centre to survive many decades in Nova Scotia is impressive; to also prosper is an accomplishment deserving recognition. Child Care Connection Nova Scotia, a non-profit community based development organization, started in 1989. To celebrate its 20th birthday, it introduced the Early Childhood Care and Education Service Awards to recognize centres in Nova Scotia that have provided care and education to children and families for 20 or more years.

Metro spoke with two of the nine

recipients. Karen Geddes is the executive director of Alexandra Children's Centre in north-end Halifax. ACC opened its doors in 1971; after more than three decades of making do, its dream became a reality when it opened its permanent home on Devonshire Avenue in 2007.

The non-profit centre was one of the first established in the city. "Over the 38 years, the centre has grown in size significantly from 14 children to 94 children," recalls Geddes, who credits the volunteer Board of

Directors for being the driving force behind the centre's success.

"The award is a recognition of all of the centres that have survived through many years of lack of funding, of lack of recognition, and really came out on the other end still providing good, quality care for children," she says.

Peter Green Hall's Children's Centre has been open for 42 years, primarily serving the university community. It's in the basement of a family-student resident building, but

dreams of a bigger, better home.

Executive Director Barb Bigelow says the centre caters to highly educated families from all over the world. "We follow a philosophy known as emerging curriculum," she says. "It's our belief in what children are capable of and that we really listen to children and observe them and have conversation with them about what they know about things and what they're doing ... we don't tell the answers, we help the children investigate and explore."

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## Recruitment begins with promotion

The first six years of a person's life lay a critical foundation and the profession of educating them attracts a dedicated, passionate group of people, but they don't always get the respect — or money — they deserve.

Jane Cawley, executive director of the Nova Scotia College of Early Childhood Education (formerly St. Joseph's College of Early Childhood Education), says recruiting begins with better promoting the professional image of the field.

"Having people recognize that not just anybody can do it and that training is needed is a struggle," she says. People think that because anyone can be a parent, anyone can be a child educator. "There's a fairly wide understanding from the community at large that anybody who loves children can be an early childhood educator. It's a very skilled and specific career choice."

NSCECE is one of four recognized

training institutes in Nova Scotia and it offers a two-year diploma.

Students learn about child development, inclusion, advocacy and professionalism. Cawley adds that dealing with children means dealing with families, and that can reach into issues of poverty, neglect and the other challenges children face.

"I don't think we have done the best job at portraying ourselves as a profession and as professionals," Cawley admits. "In terms of profession, we're kind of a baby profession. Forty years in my lifetime seems a long time, but in the scope of the world, it really isn't."

Cawley remains passionate about her work. "There are lots of interest-



ing things that an early childhood education diploma can lead to," she says. "That's the retention piece we need to work on. Somebody who does the work with very young children for 10 to 15 years — we don't want those people to say, 'Is there anything more?' Because there is more! We have to provide those opportunities for people to grow their careers."

Money is a big factor, both in funding and salary. "It's an issue. It needs to be addressed by government," she says. The often-low salary can make staff wonder, "Who values me?" says Cawley. "If (an educator) isn't feeling respected and nurtured and mentored and excited by those who are leading her, that leads to burnout quicker than anything."

She credits excellent leadership for inspiring her. "If they didn't compensate me in money, they compensated me in every other way."

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## Alexandra Children's Centre

### Celebrating Child Care Awareness Days in Nova Scotia

The Board of Directors of Alexandra Children's Centre would like to express our appreciation to our **Team of Early Childhood Educators** who are dedicated to the early learning and care of young children.



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**Mole risk factor for kids**

Children have a five per cent increase in mole development with each waterside vacation, say researchers. Moles are a risk factor for malignant melanoma. Experts say you should apply waterproof sunscreen on your child often. **BEST HEALTH MAGAZINE**

**15**

# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## When birth control falls short

NorLevo is the newest emergency contraception available in Canada

CELIA MILNE  
for Metro Canada



**Sometimes a woman realizes right after sex that she wasn't protected.**

Perhaps the condom broke. Perhaps she forgot to take the Pill or took it incorrectly. Perhaps the diaphragm dislodged or the I.U.D. fell out. Perhaps she wasn't protected at all.

For times like this, there's a new emergency contraception in Canada. NorLevo comes in a little pink box and is available without a prescription. It should be used within 72 hours of unprotected sex, the earlier the better.

"NorLevo is an excellent option if regular contraception has failed or is forgotten," says Dr. Vivien Brown, a family physician on staff at the University of Toronto who has an expertise in women's health. According to Brown, NorLevo is 95 per cent effective in preventing pregnancy when taken between 12 and 24 hours after unprotected sex. When taken within 24 to 48 hours after intercourse, it is 85 per cent effective and when taken between 48 and 72 hours afterward, it is 58 per cent effective.

NorLevo is the second emergency contraceptive available in Canada. The other one is Plan B, also

**"Women should keep in mind that NorLevo is a good option 'just in case'. It is not intended for long-term contraception."**

Dr. Vivien Brown, family physician

known as the "morning after pill." These products are not meant to be used as regular contraception. "Women should keep in mind that NorLevo is a good option 'just in case'. It is not intended for long-term contraception. Nor does it pro-

tect against future acts of unprotected sex," says Brown.

"If women do not wish to become pregnant they should abstain or consider contraceptive options that regularly protect against pregnancy," she adds.

Studies show that about half of pregnancies in Canada are unintended. Half occur among women using contraception. Many of these women are using birth control incorrectly or inconsistently.

NorLevo is considered safe for all women of child-bearing age. It can cause nausea and vomiting, pain in the lower abdomen, headaches, fatigue and dizziness.



If you are worried that you may not have been protected during sex, you might want to consider a new emergency contraception called NorLevo. The other option is Plan B.

## Roadmap to Healthy Ever After

**SHOW** Are you following a healthy lifestyle? Look for Healthy Ever After, a TV show hosted by journalist and broadcaster Valerie Pringle.

It premieres this coming Saturday at 8 p.m. ET on Global.

"There are many things we can and must do for ourselves and our families to prevent disease and we'll tell you about them," Pringle tells Metro.

The show will feature real Canadians as they sort out whether they are mak-

ing the right health decisions. Guest experts include cardiologist Dr. Anthony Graham and internist Dr. Ian Blumer, co-author of Diabetes for Dummies.

CELIA MILNE/  
FOR METRO CANADA



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## 16 health &amp; beauty



Sign yourself, and willing co-workers, up at gettheworldmoving.com for a global fitness challenge. It will not only help get you fit, but also raise money for impoverished communities, as well as heart disease and type 2 diabetes research. **BEST HEALTH MAGAZINE**

## Health in brief

**ADVICE** Ever wonder why doctors are reluctant to prescribe antibiotics? One of the reasons is that while antibiotics kill certain bacteria in our bodies, they allow others to grow

stronger. One example is a potentially deadly bacterium in the stomach called *Clostridium difficile*, or *C. difficile*. This has become a "superbug," meaning it knows how to outsmart

antibiotics. If you have a minor infection, try to get rid of it without antibiotics, doctors suggest.

CELIA MILNE/  
FOR METRO CANADA

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There's enough good news about sex to keep couples happy, columnist Josey Vogels says.

## Positively sexy

## The J Spot

Josey Vogels

metronews.ca/thejspot

I have "sex" as one of my personalized Google news searches in order to help find topics for this column. The problem is I rarely use the stories that come up because they almost always involve horrific sexual abuse or assault or a creepy sex crime.

As if the regular news wasn't depressing enough, the sex news also seems extra grim these days. So this week, I'm bucking the trend with some happy sex news stories.

We are constantly hearing that married people's sex lives inevitably end up in the toilet (the shelves of sex improvement books seem to support this), but a poll of 3,000 adults in the U.K. found that most couples enjoyed their best sex after four years together because they felt their sex-

## Sunny Side

est and were more confident showing off their body to their partner and more comfortable trying new things together.

Now even your sex life can be more eco-friendly with solar-powered vibrators like Sola, a small bullet-shaped vibrator powered by the sun. Or trade in your old toys for a \$10 coupon and free shipping on your next sex toy through the mail-in Sex Toy Recycling Program (recyclemysexttoy.com). Sorry, curbside pickup is not available.

Being a strong supporter of female orgasm (I've never met one I didn't like), I'm thrilled with U.S. anesthesiologist Dr. Lulu Marquez' campaign to make orgasms a right for women. "An orgasm should be a right," she said in one interview. "When you have a sexually satisfying encounter, you look beautiful and satisfied." And who doesn't want that?

Religion and sex don't always have the coziest relationship so it's good to hear some sex-positive messages

coming from the pulpit, literally. Reverend Ed Young of the evangelical Fellowship Church in Texas told married members of his congregation to have sex every day for seven days to strengthen their marriages. His advice after the week was over? Keep going.

Wedad Lootah, a traditional Muslim who works as a marital counselor in Dubai, has authored Top Secret: Sexual Guidance for Married Couples in which she celebrates the female orgasm, confronts taboo topics like homosexuality and urges Arabs to transcend the backward traditions that limit their sexual happiness. Despite death threats, Lootah believes educating the public is worth the risk.

And finally, three words: Christian Sex Toys. Find them at mybelovedsgarden.net.

To welcome more positive sexuality into your life, check out five ways to enjoy a sexier summer in Josey's Sexcetera blog at metronews.ca/blogs

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

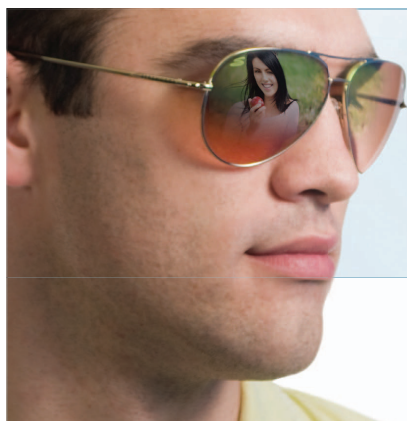
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**Brangelina makes \$1 million hospital donation**

Angelina Jolie and Brad Pitt have donated \$1 million US to St. John's Hospital in Pitt's hometown of Springfield, Mo., over the weekend. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

**17**

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

## Return of No Doubt

Pop-rockers hit road seeking inspiration for new album

IAN NATHANSON  
for Metro Canada

**The revived No Doubt is hitting the road this summer hoping to jump-start some fresh ideas for the California pop-rockers' first new album since 2001's Rock Steady.**

"That's the whole reason why we doing this tour," lead singer Gwen Stefani tells Metro during a telephone news conference. "We just want to get out there, get inspired and get out of the house. I don't really expect to be writing any songs while we're touring, but this'll be a kind of new experiment to find some further

inspiration."

In early 2008, guitarist Tom Dumont, bassist Tony Kanal and drummer Adrian Young started putting together some ideas while Stefani was pregnant with her second child at the time and finished promoting her second solo effort, 2006's *The Sweet Escape*. She and her alt-rock husband Gavin Rossdale welcomed a new son, Zuma, that August.

"I just had a new baby which was totally emotional and difficult, and I had to be in mom mode for the last little while," Stefani explains of why the songwriting process was slow on her part. "You can't really press a button

and just write a song. For me, it's both labouring and in need of some inspiring."

At this point, the group admits, it's uncertain which musical direction the as-yet-untitled record — expected to be released in 2010 — will follow.

When No Doubt broke through in 1995 with its third album, *Tragic Kingdom*, the four were in full ska-punk-pop mode with hit singles *Sunday Morning*, *Just a Girl* and the ballad *Don't Speak*, written in the wake of a relationship breakup between Stefani and Kanal.

The followup, 2000's *Return To Saturn*, maintained some of its ska-

punk past with single *Ex-Girlfriend* but drifted towards radio-friendly pop with *Simple Kind of Life*.

In 2001, album No. 5 *Rock Steady* mixed electronica, funk, Jamaican dancehall and pop and spawned hits out of *Hey Baby*, *Hella Good*, *Underneath It All* and *Running*. A greatest-hits set followed two years later supported by an upbeat cover of *Talk Talk's It's My Life*.

So far, the only new song to come from No Doubt surfaced during the recently aired second-season finale to the TV drama *Gossip Girl*. The four, making a cameo under the group name *Snowed Out*, performed a pop-rock

### Depp top date

Johnny Depp topped a poll asking which famous father people would like to go on a date with. Depp received over 40 per cent of the speeddate.com vote, followed by Brad Pitt with 33.5 per cent. METRO NEWS SERVICES



No Doubt frontwoman Gwen Stefani tells Metro, "We just want to get out there, get inspired and get out of the house."

rendition of Adam & The Ants' *Stand And Deliver*.

"We were never planning to do that, it just happened to come along while we were making this

new record," Stefani says. "But it turned out to be a really good exercise for us, trying to compete with the perfection of the original."

	HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
6/16/09	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	Jimmy Kimmel	NBA Count	NBA Basketball: Finals -- Magic at Lakers		
	7	7	7	ASN	The Road to Avonlea		Instant Star	TMZ (N)	Monk		Law & Order: SVU		Cupid
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Laughs	The Feud	CBC News: The National		The Hour
	2	2	2	CBC-F	Urgences (SC)		Des saquelettes	Tout	Beautés désespérées (SC)		Bons baisers de France (SC)		Le Téléjournal
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	NCIS "Road Kill" (HDTV)		The Mentalist (HDTV)		48 Hr. Mystery
	69	69	69	CFTM	TVA 18 heures	Sucre-salé	Qui perd gagne (SC)		Fort Boyard (SC)		Nos étés (SC)		TVA 22 heures
	6	6	6	CHIF	Entertainment	ET Canada	NCIS "Family"		NCIS "Road Kill" (HDTV)		Mental (HDTV) (N)		News (N)
	9	9	9	CJCH	etalk	Hollywood	Canada's Next Top Model (N)		Law & Order: SVU		The Mentalist (HDTV)		News (N)
	10	10	10	ELTV	(6) EastLink Television				Podium TV		EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	House "Joy" (HDTV)		Mental (HDTV) (N)		Fox First
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	I'm a Celebrity, Get Me Out.		Law & Order: SVU		Law/Ord SVU
	29	29	29	NW	World News	Business	CBC News	Newman	The Hour		CBC News: The National		My Brain
	4	4	4	PBS-B	NewsHour With Jim Lehrer		Greater Boston	La Plaza-Maria	Nova (DVS)		Frontline (N) (DVS)		Sci. Frontiers
	35	35	35	PBS-D	NewsHour With Jim Lehrer		Business Rpt.	Worldfocus	Nova (DVS)		Out From the Shadows		Frontline (N)
	68	68	68	TQS	Rire et délire	Chemin du golf	Catherine (SC)	Crisp Angel	Lipstick Jungle (SC)		Pushing Daisies (SC)		Piège Zéze
	23	96	96	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV	Business News	Squeeze Play		Market Call
	18	18	18	CNN	Situation Room-Wolf Blitzer		Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Cooper 360
	54	54	54	GOLF	Live From the U.S. Open (Live)				The Approach	Inside PGA	Live From the U.S. Open		
	52	52	52	RSE	Sportsnet Con. Jays		MLB Baseball Florida Marlins at Boston Red Sox	(HDTV) From Fenway Park in Boston. (Live)					Sportsnet Con. Soccer
	55	55	55	SCOR	(6) WWE Monday Night Raw				Soccer UEFA U-21 Championship -- Italy vs. Serbia.				
sports	45	45	45	SPD	Unique Whips		Pimp My Ride	Pass Time	Pimp My Ride	Pimp My Ride	Drag Race	Drag Race	Super Bikes!
	53	53	53	TSN	Off the Record	SportsCentre	Billiards: 2008-Trick Shots		NBA Pregame	NBA Count	NBA Basketball: Finals -- Magic at Lakers		
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
	26	26	26	TREE	Wonder Pets	Big & Small	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast	Big Comfy
	27	27	27	YTV	Drake & Josh	iCarly	Survive This	Survive This	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach
	16	16	16	A&E	The First 48 (HDTV)		The First 48 Cabdriver.		The First 48 (HDTV)		The First 48 "Last Wish"		The First 48
	70	70	70	APTN	News (N)		Wings-Canada	Tears	Chiefs-Champ	Cashing In	Fish Out	New Canoe	The Rez
	50	50	50	BET	106 & Park: BET's Top 10 Live				The Cookout * (2004, Comedy) Ja Rule, Tim Meadows.				College Hill
	37	37	37	BRVO	Street Legal		Canata for the King		Live at the Rehearsal Hall		Natalie MacMaster & Friends Talents.		
family	25	25	25	CMT	Taylor Swift: One on One		Music Awards Red Carpet		CMT Music Awards 2009 (N)				
	49	49	49	COM	Laughs	Comedy Now	Air Force	Just for Laughs	Cornier Gas		The Simpsons	South Park	Hot Box (N)
	153	153	153	COURT	Killer Next Door		World's Wildest Police Videos		Cops Uncut	Dumb Criminal	Code Red: Moment of Survival		Police Videos
	38	38	38	DISC	Destroyed	Destroyed	Daily Planet (N)		How It's Made	How It's Made	Destroyed	One Way Out	Deadliest
	34	34	34	HGTV	Holmes-Homes	Holmes-Homes	House Hunters	Property Virgin	HGTV's Top 10	Dirty Business	SarahCottage	Design Inc.	House Hunters
	46	46	46	HIST	Zero Hour		NCIS "Under Covers"		Lost Worlds		Zero Hour		NCIS
	17	17	17	MM	Greek		One Tree Hill		MMIVA 09 Sneak Peek		Greek		Video on Trial
	19	19	19	MMM	I'm a Celebrity... Get Me Out of Here!				I'm a Celebrity, Get Me Out.		Charlie Wilson's War (2007, Drama)		Entourage
	201	201	201	M1	(6:30) A Stone's Throw		(8:15) The Perfect Holiday * (2007, Romance)		Departures "Antarctica"		Survivorman		Bounty Hunter
	48	48	23	QLN	The Amazing Race 3		Bounty Hunter	Bounty Hunter	House-Payne	House-Payne	House-Payne	House-Payne	House-Payne
cable variety	51	51	51	PEACH	Seinfeld	Friends	House-Payne	House-Payne	House-Payne	House-Payne	Crocodile Dundee *** (1986, Comedy)		
	206	206	206	PIX	(7:15) Revenge of the Creature (1955)		(8:40) Curtis's Charm ** (1995)				Beverly Hills Ninja * (1997, Comedy)		
	67	67	67	RDI	RDI en direct	RDI en direct	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits		Painkiller Jane		Every Second Counts (2008, Drama)		
	40	40	40	SLICE	So Chic	Skin Deep	Skin Deep	Til Debt-Part	Rich Bride, Poor Bride		Rich Bride, Poor Bride		Rich Poor
	47	47	47	SPACE	Stargate SG-1 "Fallout"		Stargate Atlantis		Star Trek: Voyager		Torchwood		Watchmen
	14	14	14	SPIKE	CSI: Crime Scene Investgnt.		CSI: Crime Scene Investgnt.		CSI: Crime Scene Investgnt.		Jesse James is a Dead Man		Jesse James
	57	98	98	STAR	etalk	Hollywood	The Ellen DeGeneres Show		TMZ (N)	etalk	Look-A-Like	Look-A-Like	Tonight Show
	21	21	21	TLC	What Not to Wear		Say Yes-Dress	Cake Boss	Jon & Kate	Jon & Kate	18 Kids-Count	18 Kids-Count	Little Couple
	56	34	34	TROP	North of 60		Power Play		Tube Tales	Tube Tales	Seinfeld	Raymond	Family Guy
cable variety	20	20	20	TVS	Que.-champion	Journal de Fr2	Zoom animal		Secrets d'histoire				Plage
	28	28	28	V	Doc (DVS)		Murder, She Wrote		Bless-Father	On the Buses	Quantum Leap		The Lost Gods
	60	60	60	TVIVA	Mysterious Ways		Judging Amy		Missing "Thin Air"		The Closer		Encounters
	22	22	22	W	Style by Jory	Style by Jory	How Clean	Friends	Remedy Me	Style by Jory	Style by Jory	Style by Jory	Good Naked
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Lead-Off Man	MLB Baseball Chicago White Sox at Chicago Cubs	Chicago White Sox at Chicago Cubs. (HDTV) (Live)	Chicago Cubs. (HDTV) (Live)	Chicago Cubs. (HDTV) (Live)	

### critics'corner

**Mental**

Lots of kids are into video games, but for one of Jack's (Chris Vance) patients, it's all in his head. He's an 8-year-old bipolar boy obsessed with a video game that exists only in his imagination. When he attempts suicide and then flees the psych ward, Jack resorts to some mind games of his own to save the boy. Nora (Annabella Sciorra) learns her daughter is posting provocative pictures on the Internet in the new episode "Manic at the Disco." 10 PM on CHIC, FOX

**CMT Music Awards 2009**

It's been a sweet year for Sugarland, and the CMT Awards could be the icing on the cake. The duo has five nominations, including two in the duo of the year category for "All I Want to Do" and "Already Gone." Taylor Swift and Brad Paisley are right behind with four nominations each, and they're all scheduled to perform on the telecast. 9 PM on CMT

**Natalie MacMaster & Friends**

To avoid confusion, please note that MacMaster is not the focus of this special. The focus is Cape Breton music and culture, which is captured in this film of a concert performed by the music troupe Cape Breton Live. So expect tons of fiddling, step-dancing and corny comedy. 10 PM on BRAVO

**For June 16th**

Eminem - We Made You

Lady Gaga - Paparazzi

Kristina DeBarge - Goodbye

Marianas Trench - All To Myself

Keri Hilson ft Kanye West &amp; Ne-Yo - Knock You Down

Sean Kingston - Fire Burnin'

Black Eyed Peas - Boom Boom Pow

Jamie Foxx Ft T-Pain - Blame It

3OH!3 - Don't Trust Me

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Paris Hilton and Cristiano Ronaldo have vowed to make their long-distance relationship work. The socialite and the soccer star have promised to remain faithful to each other while Paris is in Dubai filming a new TV show. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

Stayin' together

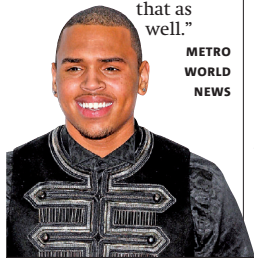
## Celebrity Buzz

### Chris and Rihanna's NBA run-in

**ON BEST BEHAVIOUR** Rihanna and Chris Brown found themselves sitting courtside at an NBA Finals game in Florida last week, the Daily News reports.

Sources say Brown kept stealing glances at Rihanna's section throughout the first half, and made an effort to make nice with her camp after halftime — though Rihanna was nowhere to be seen.

"Chris was definitely trying to make the situation less awkward," said a source. "He was trying to be very grown-up, and wanted Rihanna to see that as well."



METRO  
WORLD  
NEWS

### Madonna prepares for Mercy

**KID ON THE WAY** Madonna is moving her newly adopted daughter into a luxury lodge in Malawi today, femalefirst.co.uk reports.

The singer has sent a nanny and a nurse to look after toddler Mercy James while immigration paperwork is completed in the African country, allowing her to be flown to the U.S. where she will join the rest of Madonna's family.

Mercy was taken to the lodge in the country's

capital, Lilongwe, after Madonna won an appeal hearing to adopt her on Friday. She was initially refused the right to adopt in April, on the grounds she hadn't lived in the country for 18 months prior to the adoption — usually a prerequisite for adoptive parents.

Once paperwork is complete, Mercy will be flown to New York where she will join Madonna, 50, and her new sister Lourdes, 12, and brothers Rocco, eight, and David Banda, three — who was also adopted from Malawi.

Mercy's biological father James Kambewa said: "Let the child go. My only plea to Madonna is that she should seriously look after the child."

"I am asking to make sure that, while the child is growing, she must be informed of me as her biological father."

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GETTY IMAGES

### More than gossip fodder

**SPEAKING OUT** Until now, Oksana Grigorieva's name has been more associated with Hollywood gossip than with musical chops — the Russian-born singer and pianist is pregnant with Mel Gibson's child — but Grigorieva hopes that will change starting with yesterday's release of Say My Name, the first single from her forthcoming album, Beautiful Heartbreak.

A classically trained pianist who hails from Saransk, Russia,

the 39-year-old penned every song on the album except for Say My Name, which exclusively debuted on people.com — for that track, she collaborated on the lyrics with none other than Gibson himself.

"It is the first and one of the simplest songs on the album, but also one of the most intimate," said Grigorieva. "It is naked, intimate, raw emotion, little more than piano and voice as if it is a cry from the soul."

METRO NEWS  
SERVICES



### Michael training with The Incredible Hulk?

**PUMP IT UP** Michael Jackson is being trained by Lou Ferrigno, femalefirst.co.uk reports.

The Incredible Hulk actor — and former Mr. Universe — is reportedly paying secret visits to the singer's Los Angeles home to help him prepare for his forthcoming run of shows

at London's O2 arena.

A source told Britain's The Sun: "Lou has been visiting Michael to build him up so he can perform his dance routines."

"But Michael refuses to lift

weights. He doesn't want to bulk up."

The 50-

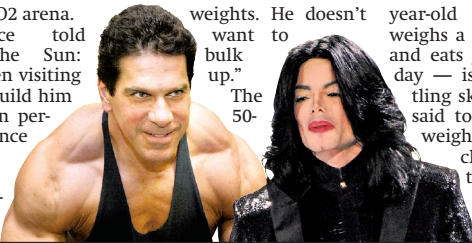
year-old singer — who weighs a reported 126 lbs and eats just one meal a day — is reportedly battling skin cancer and is said to believe gaining weight will damage his chances of beating the disease.

The two struck up a friendship

two years ago when the singer began using Ferrigno's gym. He said at the time: "Michael is more delicate. Our trainer conditioned him for dancing."

"He likes me, he feels safe with me. He was nervous about people looking at him when he's training."

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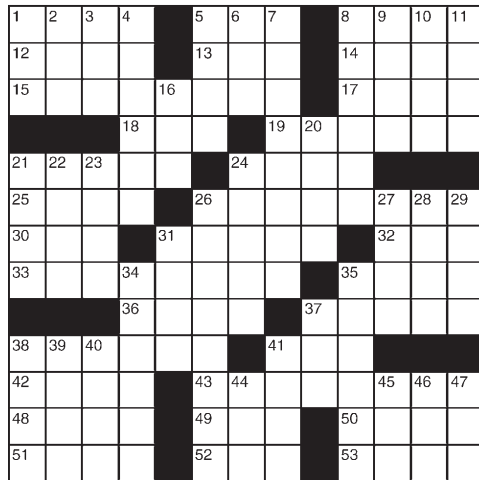
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For more delicious Metro recipes, visit: [metronews.ca/food](http://metronews.ca/food)

## Take Five



### Crossword across

- |                            |                                |
|----------------------------|--------------------------------|
| 1 Speech imperfection      | 32 Tiny                        |
| 5 Oklahoma city            | 33 Merit badge earner, perhaps |
| 8 Rose feature             | 35 Took the bus                |
| 12 Job-safety grp.         | 36 Overly theatrical           |
| 13 Jewel                   | 37 Boutique                    |
| 14 "The Audacity of —"     | 38 King's perch                |
| 15 Stir-fry condiment      | 41 Journal                     |
| 17 Foolish bloke           | 42 Coffin stand                |
| 18 That girl               | 43 Buzz Lightyear's movie      |
| 19 Ditch                   | 48 Harmonization               |
| 21 Brazilian dance         | 49 Pair                        |
| 24 Good, to a rapper       | 50 Met melody                  |
| 25 Satiating               | 51 Trail                       |
| 26 "Hee Haw" co-host       | 52 Tho'                        |
| 30 Venomous viper          | 53 Understand intuitively      |
| 31 Sibling of Peter Rabbit |                                |

### Crossword down

- |                                    |                              |
|------------------------------------|------------------------------|
| 1 Part of UCLA                     | 24 Annoying ad on a PC       |
| 2 Equi-                            | 26 Sleeping-car area         |
| 3 Bashful                          | 27 MP's quamy                |
| 4 Elapse                           | 28 Start over                |
| 5 Chills and fever                 | 29 Acute                     |
| 6 Year-end abbr.                   | 31 Thom — shoes              |
| 7 February birthstone              | 34 Burn around the edges     |
| 8 Jewish village in Eastern Europe | 35 Unkempt                   |
| 9 Grover's Corners, e.g.           | 37 "Mayday!"                 |
| 10 Grand-scale tale                | 38 Recipe meas.              |
| 11 Illicit stimulant, for short    | 39 Informal greeting         |
| 16 "Eureka!"                       | 40 "La Bohème" based musical |
| 20 Risque                          | 41 City on the Rhône         |
| 21 Wound cover                     | 44 Have bills                |
| 22 As well                         | 45 Bobby of hockey lore      |
| 23 Tending to brood (Var.)         | 46 Carnival city             |
|                                    | 47 Tibetan critter           |

### PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	3	9	8	1	7	6	5	4
8	5	1	4	2	6	7	9	3
6	4	7	9	3	5	8	2	1
5	1	6	7	9	3	4	8	2
9	2	3	6	8	4	1	7	5
7	8	4	2	5	1	9	3	6
3	6	5	1	7	9	2	4	8
4	9	2	5	6	8	3	1	7
1	7	8	3	4	2	5	6	9

Find today's answers + play more games at [metronews.ca](http://metronews.ca)

<b>SUDOKU SOLVE TIME:</b>	17-21 min .....Smart
Under 13 min .....Genius	21-25 min .....Not bad
13-17 min .....Scholar	25+ min .....Keep practising

### Metro Recipe of the Day



### Green Pasta Salad

#### INGREDIENTS:

- 1 lb (500 g) green fettuccine
- 8 oz (250 g) cherry tomatoes
- 2 small Mediterranean (Lebanese) or pickling cucumbers
- 8 oz (250 g) arugula
- 1 medium red onion, finely sliced
- 8 oz (250 g) bocconcini black olives for garnish

#### BASIL PESTO:

- 1 cup (250 ml) fresh basil leaves
- 2 cloves garlic, roughly chopped
- 1 tbsp (15 ml) pine nuts
- 4 tbsp (60 ml) grated pecorino
- 6 tbsp (90 ml) olive oil
- 3 tbsp (45 ml) lemon juice
- 2 tbsp (25 ml) vegetable stock
- salt and freshly ground black pepper

#### METHOD:

- Cook pasta in plenty of lightly salted boiling water until al dente, following package instructions. Drain, rinse under cold running water and leave to

- Cut tomatoes in half lengthwise and slice thinly.
- Combine tomatoes, cucumbers, arugula, onion and pasta in large bowl. Drain bocconcini and mix into salad.
- To make basil pesto, clean leaves by wiping with paper towel; do not wash. Combine basil, garlic, pine nuts and pecorino in food processor and process finely. Combine oil, lemon juice and stock in small bowl and add to mixture in steady stream with motor running until amalgamated. Add salt and pepper to taste.
- Stir basil pesto into salad or serve separately. Spoon salad into individual bowls and garnish with olives.

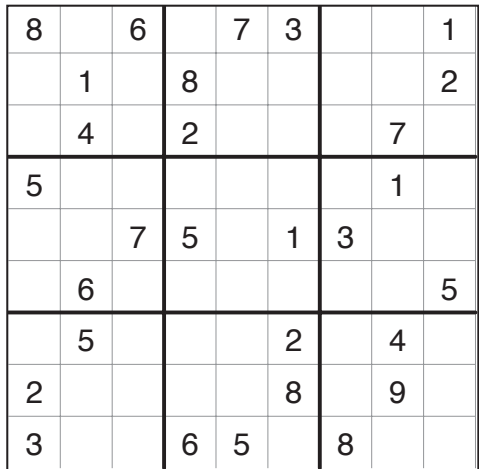
SERVES 4



### Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



### Horoscopes by Sally Brompton

[sallybrompton.com](http://sallybrompton.com)

#### ARIES

MARCH 21-APRIL 20

It may annoy you that friends and colleagues seem intent on disrupting your routine, but there's not much you can do about it.

#### LIBRA

SEPT 23-OCT 23

By all means aim high and take on challenges that stretch you, but don't aim so high that success is almost impossible. Everyone has limits.

#### TAURUS

APRIL 21-MAY 21

Certain people may be giving you a hard time about what you owe, financially or otherwise, but you must not let it get to you.

#### SCORPIO

OCT 24-NOV 22

Something that seems of the utmost triviality to you is of major importance to other people and you need to recognize that fact.

#### GEMINI

MAY 22-JUNE 21

Mercury, your ruler, aspects power planet Pluto today, which is as clear a message as you could hope for that now is not the time to rock the boat.

#### SAGITTARIUS

NOV 23-DEC 21

Today's Mercury-Pluto cautions you to keep your temper in check. Getting along may be hard, but it is quite easy to stay out of people's way.

#### CANCER

JUNE 22-JULY 22

A fear you thought you had overcome will make a reappearance today but there is no need for alarm. Focus your mind on happy images.

#### CAPRICORN

DEC 22-JAN 20

Make an extra special effort to help people today. No matter how busy you may be on the work front you can still find time to assist those who need it.

#### LEO

JULY 23-AUG 23

It may sometimes seem as if the world is falling apart, but it is really or is that just the effect of all the negative voices you hear every day?

#### AQUARIUS

JAN 21-FEB 18

It may seem as if you have lost the advantage you once had, at work or in your social group, but there is no need to worry. Everything moves in cycles.

#### VIRGO

AUG 24-SEPT 22

The message of the stars today is that you must stop clinging to things you should have long outgrown. The past may be safe, but the future is where it's at.

#### PISCES

FEB 19-MARCH 20

Friends or family? Who do you give the most attention to? Only you can decide. Remember friends often change, but family always remains the same.

### This day in history

- JUNE 16, 1779: Spain declares war on the Kingdom of Great Britain, and the siege of Gibraltar begins.
- JUNE 16, 1858: Abraham Lincoln delivers his House Divided speech in Springfield, Illinois.
- JUNE 16, 1871: The University Tests Act allows students to enter the Universities of Oxford, Cambridge and Durham without religious tests, except for courses in theology.
- JUNE 16, 1940: Second World War: Marshal Henri Philippe Pétain becomes Premier of Vichy France.
- JUNE 16, 1940: A Communist government is installed in Lithuania.

METRO NEWS SERVICES

### WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Capricorn's watercraft (1)
- Confiscate green pod veggies (1)
- Admonish a groom's partner (1)
- Sets up actor Gandolfini for a fall (1)
- Closer looking glass (2)
- First-year wagger taker (2)
- Botching up being a fill-in teacher (2)

ANSWERS: 1. NEARER MIRROR 2. GOOSE BOAT 3. CHIDE BRIDE 4. PRANKS JAMES 5. NEARER MIRROR 6. GOOSE BOAT 7. FLUTTERING SUBING 8. CHIDE BRIDE 9. PRANKS JAMES

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Fri. departures

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